

Advance Directive

- **Future directions in event of becoming unwell**
 - **Treatment wanted or not wanted**
 - **In an event where you are unable to decide or communicate**
-
- **Health & Disability Commissioner - <https://www.hdc.org.nz/>**

Who can make an advance directive

**Any person who is
legally competent**

**You have the right to
make an advance
directive without
involving anyone
else.**

Source of Advance Directive Form

- **Healthify – He Puna Wairoa**
Trusted health topics. Medicines information, self-care resources and tools for health
- [advance-directive-revised-april-2017-v12.pdf \(healthify.nz\)](#)

tō tātou reo advance care planning

My advance care plan

**Te whakamahere tiaki i
mua te wa taumaha**

Plan the health care you
want in the future and
for the end of your life





My Advance Care Plan & Guide

Plan the healthcare you want in the future
and for the end of your life

Name _____

Date _____

our voice Advance
to tātou reo Care
Planning

My Advance Care Plan

**Contains my
decisions about my
health care and
treatment.**

**Please follow this
plan if I am unable to
tell you what I want**

Advanced Care Planning -Video

[Advance care planning \(myacp.org.nz\)](http://myacp.org.nz)



Legal framework for medical decision-making video

This video is designed to help clinicians understand the legal framework of advance care planning including enduring powers of attorney for personal care and welfare and advance directives. A transcript is also available

Watch now

Download transcript

**To ensure
your
Advance
directive is
respected**

Discuss	With your clinician or another health worker e.g. Nurse Practitioner to:
Verify	You are competent and informed about your stated preferences
Make	Make advance directive in writing rather than verbally
State	Preferences clearly
Sign and date	The document to ensure valid
Give	Copy to family/support persons + the clinician most often involved in your care

**Will the
advance
directive
always be
followed**



5 Points considered by Clinician

- Were you competent to make the decision when you made the advance directive**
- Did you make the decision of your own free will?**
- Were you sufficiently informed to make the decision?**
- Does your directive apply to the present circumstances, which may be different from those anticipated?**
- Does your directive apply to the present circumstances, which may be different from those anticipated?**

**Crisis
Incompetent to
consent to
treatment
&
I do not have an
advance
directive?**

- **Clinician can decide the treatment**
 - **Best Interests**
 - **Your probable choice if you were competent to make it**
 - **Views of other people interested in your welfare**